

WORKSTRATEGIES
Keeping America on the Job!

CONTINUUM OF CARE
FOR WORK HEALTH



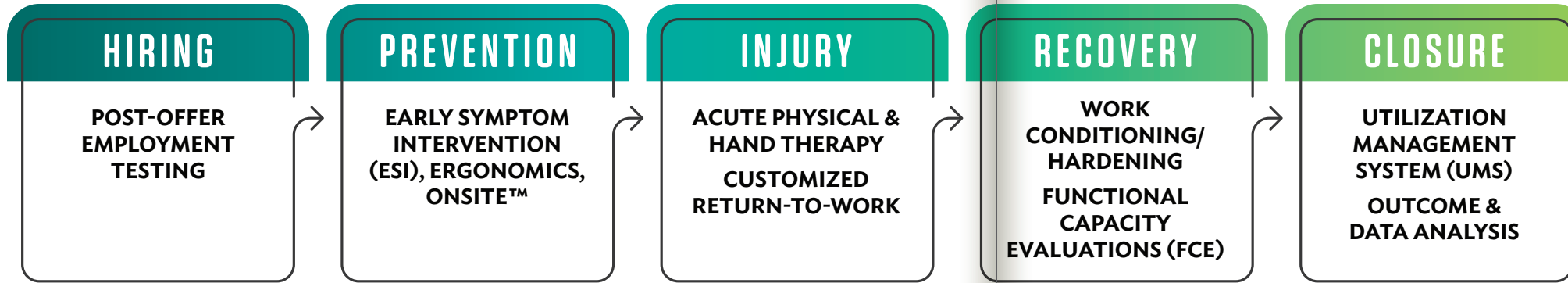
WORKSTRATEGIES
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WORKSTRATEGIES IS EXCLUSIVELY PROVIDED BY:

FOR MORE
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HIRING

Post-Offer Employment Testing (POET):

The least costly injury is the one that never occurs. POETs focus on determining whether an individual is physically capable of performing specific job duties in order to minimize the risk of injury.

PREVENTION

Early Symptom Intervention (ESI):

Onsite or center-based Early Symptom Intervention (ESI) programs can create positive changes in OSHA recordable numbers, DART rates, workers' compensation costs and in the overall well-being and productivity of workers.

Ergonomic Programs:

Ergonomics is the relationship between people and the work environment. Our Ergonomic Programs focus on evaluating a specific work environment and job tasks for risk factors that could result in musculoskeletal dysfunction recommending/ implementing solutions to minimize the identified risk factors.

Injury Prevention Education:

Our programs educate employees and management to recognize musculoskeletal risks, identify ways to eliminate risks and provide awareness to minimize accumulated physical stress.

INJURY

Customized Return-to-Work:

Our programs are designed to provide job-related and injury-specific therapeutic interventions to create customized and cost-effective approaches to the treatment of work-related injuries. By using risk stratification tools at the initial evaluation, bio-psychosocial treatment models can be implemented early in care to better mitigate factors that may impact the case velocity or outcome for the worker. All centers offer acute physical therapy. Hand therapy and concussion rehabilitation are available at select centers.

RECOVERY

Work Conditioning:

An intensive, goal-oriented conditioning program with a focus on simulated work activities designed to restore physical capacity and function to enable the injured worker to return to the pre-injury job.

Work Hardening:

Multidisciplinary approach with the use of physical and occupational therapy as well as the involvement of a vocational rehabilitation counselor, psychologist or psychiatrist. Similar to the work conditioning focus with an expanded duration and frequency of up to eight hours a day.

Functional Capacity Evaluation (FCE):

A FCE provides a comprehensive evaluation that measures strength, endurance, physical demand work level and positional tolerance. The data gathered through the FCE objectively defines the injured employee's physical capabilities prior to return-to-work or assist with case closure.

CLOSURE

Utilization Management System (UMS):

A proprietary prospective benchmarking and peer review system that influences the type and amount of rehabilitation needed to achieve optimal outcomes. The components include utilization of rehabilitation services and timeliness of return-to-work.

THROUGH THE WORKSTRATEGIES PROGRAM, OUR MAIN OBJECTIVES ARE TO:

- » Decrease lost work time
- » Achieve higher levels of employee functionality
- » Reduce the employer's total workers' compensation spend

We partner with employers, case managers, claims managers, TPAs, brokers and insurance companies to provide innovative and cost-effective solutions for the prevention and treatment of work-related injuries.

WE PROVIDE SOLUTIONS FOR:

- » Reducing work-related injuries
- » Establishing pre-injury baselines
- » Reducing your total injury associated losses
- » Returning employees back to work safely
- » Case resolution